



Preparation for Adulthood

Preparing for adulthood is planning for a child or young person's (CYP) future once they leave full time education.

It relates to:

- Future education/employment
- Independent living skills
- Healthy relationships
- Independent travel
- Participating in society
- Physical and mental health

Formal planning for all CYP begins in Year 9 but planning for many areas of preparation for adulthood should be grounded in the curriculum throughout a CYP's education.

This is particularly important for CYP with additional needs to ensure they are adequately prepared and are able to reach their full potential as adults.

Resources:

[Preparing for Adulthood - NDTi](#)

[Preparing For Adulthood \(councilfordisabledchildren.org.uk\)](http://councilfordisabledchildren.org.uk)

[Must Dos.pdf \(councilfordisabledchildren.org.uk\)](http://councilfordisabledchildren.org.uk)

[Year 9 Annual Review Guide.pdf \(councilfordisabledchildren.org.uk\)](http://councilfordisabledchildren.org.uk)

[Preparing for Adulthood: All Tools & Resources - NDTi](#)

[Preparing for adulthood: Young people with a learning disability and autistic young people | Local Government Association](#)