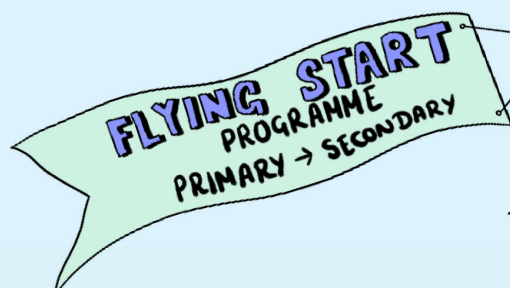




Doncaster  
Council



# TRANSITION WORKBOOK

My transition journey from  
**Primary to Secondary School**

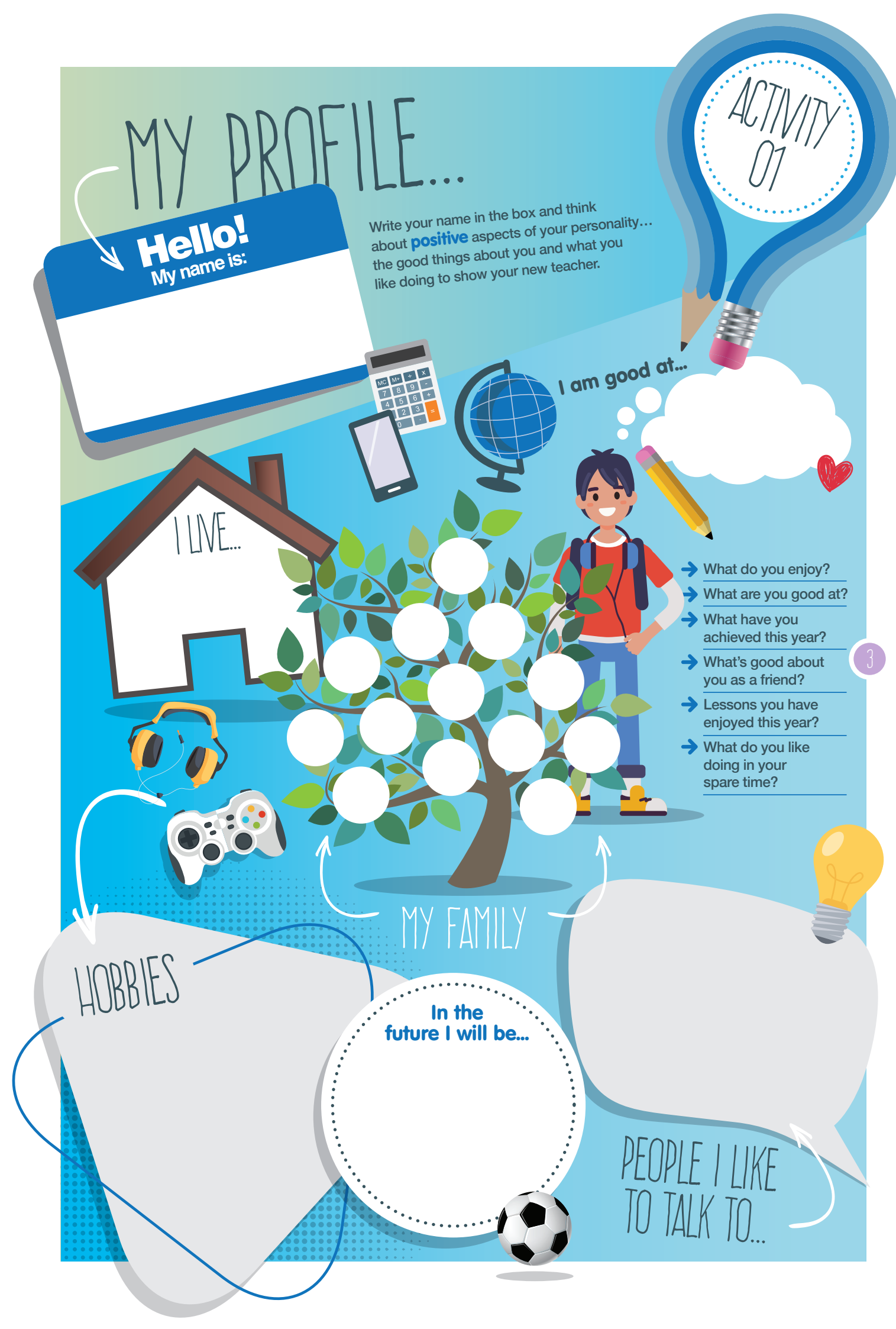
Primary School:

Student Name:

Secondary School you are going to:

YEAR





ACTIVITY 02

# ALL ABOUT ME...

Hello

The lessons that I enjoy the most:

The lessons that I find hard are:

These are some of the things that help me learn:

# IN MY HEAD

What I will miss **most** about my primary school

What I will miss **least** about my primary school

I am looking forward to...

...in my **secondary school**

CONTINUE MOVING FORWARD

## MY WORRIES:

Other:

- New teachers
- Getting into trouble
- Lunchtime routine
- The journey
- Bullying
- Homework
- Making new friends
- Exams

(Circle your worries if appropriate)



# ACTIVITY 04

## GOING TO SCHOOL

Think about your journey to secondary school and questions you will have to find the answers to. Colour the ones that relate to you.

Is the route well lit?

Where am I going?

What time do I have to leave?

Where can I leave my bike?

Who will drive me?

Will I go with a friend?

How much does the bus cost?

Where is the bus stop?

How long will it take?

What is the quickest way?

So I need/get a bus pass?

Is there a school bus?

Should I get a bike lock?

Is my jacket bright enough?

Is there a bike shed?

How am I getting to school?

Where can I leave my helmet?

### TRY IT OUT!

Date:  Time:

Who is going with me?

What time do I need to leave the house?

Having done the journey once with a parent or helper, organise to do it on your own with a friend. Always, of course letting your parent know...

### PLAN YOUR JOURNEY

## SCHOOL & KEEPING SAFE

# ACTIVITY 05

Your safety is very important and will be one of the things your family will worry about. Agree together what your rules will be to make sure you are safe.

- ☒ Crossing roads.
- ☒ Cars seeing you easily.
- ☒ What time you will be home.
- ☒ Who will be at home.
- ☒ Texting or ringing your family to let them know you are ok.
- ☒ Going to other people's houses.
- ☒ Using internet.
- ☒ Buying sweets and fizzy drinks.
- ☒ If you are late.

### MY SAFETY RULES:

→

→

→

→

→

→





ACTIVITY  
06

# GETTING ORGANISED

## Equipment

The equipment you need for secondary school **will be different to primary school**. You may need **more storage in your school bag**; but remember you may need to **carry this all day**.

Tick the box next to the picture of the items you will need to take with you to your new school. If you are unsure **put a ? next to the picture** and check with your teacher.

RULER

CALCULATOR

PLANNER

GAME CONSOLE

LUNCH BOX

DOOR KEY

PILLOW

DOG

BIKE LOCK

PENCIL

BOOKS

BAG

LIST OTHER THINGS YOU MAY NEED TO TAKE



# GETTING SCHOOL UNIFORM ORGANISED

ACTIVITY  
07

Schools have **different uniforms** for lots of different reasons. It shows **other people which school you go to**, and it saves having to decide what to wear each school day! Look at the **secondary school website** for more information and photos.

SCHOOL UNIFORM  
What do I need?

PE KIT  
What do I need?

REMEMBER TO  
WRITE YOUR NAME  
ON ALL YOUR  
UNIFORM!!



ACTIVITY  
08

# COPING WITH CHANGE

Think about the things that you have done in **primary school**, what do you think will **stay the same** and what will **change** when you get to **secondary school**.

PRIMARY SCHOOL

ME: STAYING THE SAME

SECONDARY SCHOOL

SHARE YOUR  
IDEAS WITH YOUR  
FRIENDS!

# MEMORY PAGE

ACTIVITY  
09

**Primary school** is a massive part of your childhood. Take a few minutes and **take yourself back** to the **best memories** from that time.

Best Trips

Best Memory  
from Primary School

Favourite Teachers

Friends

Favourite Lessons

Sports or Clubs

TRC S S C Y X G K  
N V V S L A Y O L D  
L G N D R Y O E Q T  
C R Z Y J D M L Z A  
M N H E L P F U L S  
M T N I A Z Y E O M  
R U S T W O R T H Y  
F T H G U O H T D O  
E E S U T Z A D V N  
T V L E R D S W R L  
C A R I N G Y M I R  
V R T W L O L F S F  
W B D A K M H R H

TRUSTWORTHY  
HONEST  
LOYAL  
KIND  
HELPFUL  
HUMOUR  
BRAVE  
CARING  
FUN  
GOOD LISTENER  
EMPATHETIC  
THOUGHTFUL



# ACTIVITY 10

## ROUTINES

Your routine will change when you start secondary school. Talk to people around you and plan your own routine.

### EVENING

- Prepare your school bag for the next day
- Brush your teeth
- Set your alarm clock
- Go to bed

### EVENING

- 
- 
- 
- 
- 
- 

### MORNING

- Wake up
- Make your bed
- Wash yourself
- Get dressed
- Eat your breakfast
- Brush your teeth
- Pack your lunch
- Take your bag and bus pass
- Go to school

- 
- 
- 
- 
- 
- 

### TOP TIPS

If your school uses a school diary/planner – always take it with you.  
Leave the house with plenty of time for your journey to school.  
If you travel to school by bus, have your change ready and bus pass in hand.

# WHAT DO I DO IF...?

Sometimes you may struggle in secondary school. Try to predict what you would do if...

# ACTIVITY 11

I feel poorly or hurt?

I miss my bus?

I am bullied?

I am struggling with my work?

Lose or forget something in school?

I fall out with friends?

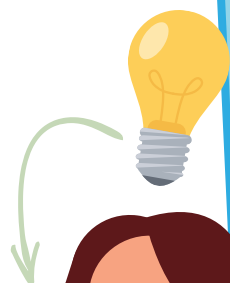
I am upset?

I am lost?

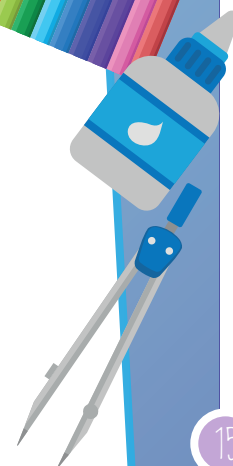
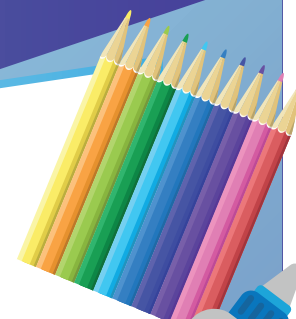
# TEACHERS SIGNATURES



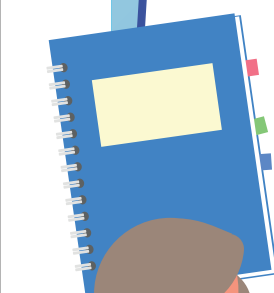
14



# CLASSROOM - SCHOOL FRIENDS' SIGNATURES



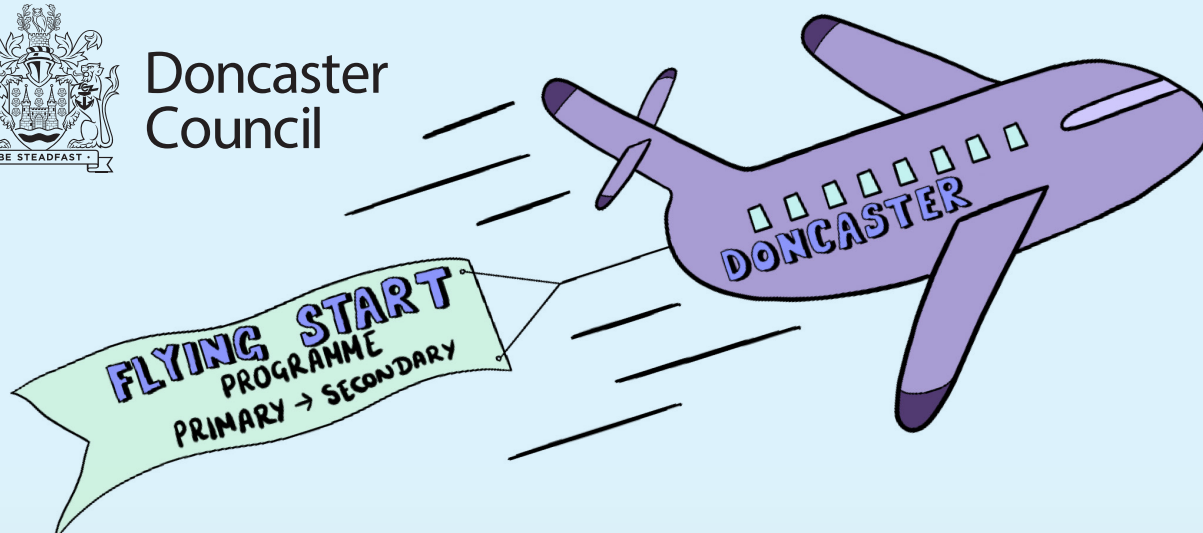
15







Doncaster  
Council



Produced by  
**Transition Team**  
**2019/2020 Academic Year**

To be reviewed 2020/2021 Academic Year

For further information please contact  
your school **Transition Officer**  
or [Ruth.Parkes@doncaster.gov.uk](mailto:Ruth.Parkes@doncaster.gov.uk) **Transition Manager**

