

<i>What Pause does</i>			<i>What Pause does not do</i>
Requires the women to take Long Acting Reversible Contraceptive	Helps build resilience and self esteem	Offers bespoke education/career plan	Work with women to get their children back
Models how to navigate every day systems and bureaucracy	Helps build healthy boundaries	Helps women learn ways to avoid adversarial interactions	Offer parenting support or parenting classes
Works closely with partners and others in their system	Reflects on responsibility to previous children	Addresses negative issues when ready e.g. chaotic drug use, domestic violence	Conduct parenting assessments
Supports the women into stable accommodation and helps to sustain it	Develops aspirations for the future	Supports the women to reflect on the past and face trauma	Rescue women and run their lives for them